

Montville events

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The Mayor's Corner

Dear Montville families and residents, The summer season is behind us, and though we could have used more rain, we did have some pleasant weather to enjoy so many outdoor events, programs and activities.

Opportunities for more economic development and business growth continue in the town of Montville, and we are hopeful for more solid commitments from developers in the near future.

The relocation of our Youth Services department to the Fair Oaks Community Center was a good move for the town as a whole, for the safety of the program, and also helped to accelerate the already planned parking lot overhaul.

It looks really great! Things have been going really smoothly with the YSB and Park & Recreation sharing space with each other, and all the community groups utilizing the building. I wish you and your families a fantastic fall season.

Please be sure and stay tuned to the Town of Montville's website for important information, event highlights and updates: www.townofmontville.org, and please remember that my door remains open.

Sincerely,
Ron McDaniel



Ronald K. McDaniel
Mayor, Town of Montville



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Montville Senior & Social Services Department

Kathleen Doherty-Peck, Director

Dear Montville Community Friends,
It is hard to believe we are heading into our fall & winter seasons, yet here they are! This is an extremely busy time of the year for both offices I direct. I am truly thankful for the wonderful staff and volunteers we have to make it all possible! Please look through the magazine and see the many regularly scheduled programs and services as well as our additional seasonal ones. We have so much going on, don't miss the fun! Wishing a healthy & happy season to all!



Sincerely,
Kathleen Doherty-Peck,
Director of Senior & Social Services
Montville Senior Center

SENIOR & SOCIAL SERVICES STAFF

Kathleen Doherty-Peck, Director
Robin Washington, Asst. Social Services
Ruth Massey-Abruzzo, Asst. Senior Center
Larry Antoniac, Bus Driver
Patty Antoniac, Kitchen Server
Tom Gingerella, MedRIDE I & II Driver

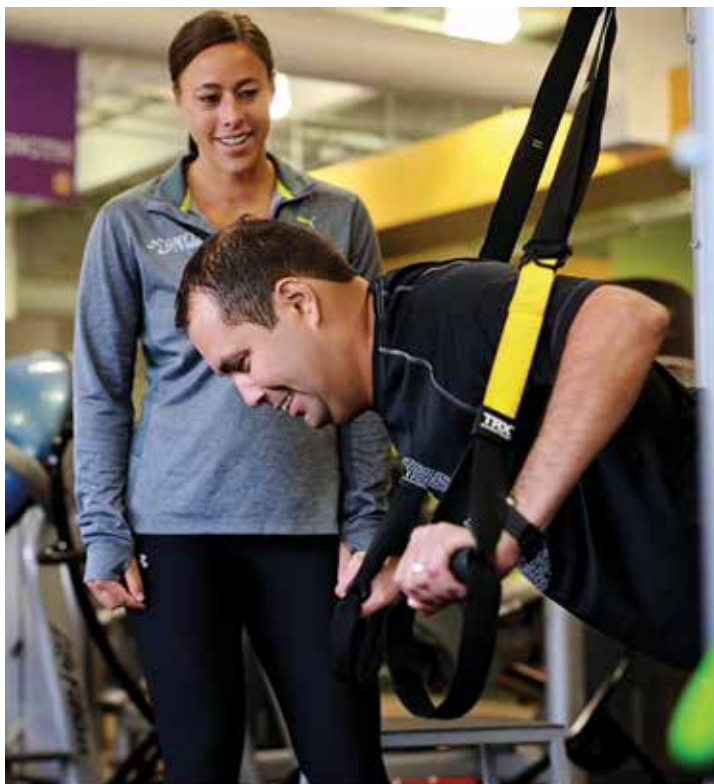
David Norman, MedRIDE II Driver
Paul Bychowsky, MedRIDE I Driver
John Spinatto, MedRIDE I Driver

SENIOR SERVICES & CENTER PROGRAMS



Yes, I have said it before and I will continue to say it: "We have one of the best Senior Centers around because we have some of the best seniors around!" We offer our programs and services for our Montville seniors, age 60+. for FREE! This is possible largely in part to the efforts of writing and receiving grants, donations, and the many internal fund-raising activities we have.

Continued on page 4



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Senior & Social Services ... continued from page 3

I am very proud of our Montville Senior Center and all we have to offer! As you look through this magazine, you will see the numerous activities we have, along with the many services we provide. I have a wonderful staff and wonderful volunteers! Senior Centers are vital to the elderly community and provide many recreational programs along with educational, health, social, and many other necessary services: social services (energy assistance, food stamps, Medicaid, SSI), Medicare, Medicare Managed Care, Medigaps, Medicare Savings Programs, Benefits Check, Renter's Rebates, general information and assistance, and many more. We offer many health programs right at the Center to afford all of our seniors access to the necessary services they might not receive otherwise. I am always looking to add to our extensive list of activities and services and my goal is to offer them for FREE!

HEALTH PROGRAMS

HEALING TOUCH

Healing Touch is available on Fridays, by appointment. Performed by Healing Touch Certified Practitioner Cecelia Sullivan. "HEALING TOUCH is a medically-approved therapy, promoting healing. This therapy relieves pain and anxiety, and strengthens the immune system with a light, on-the-body or near-the-body touch."

MEDRIDES AND MEDRIDES II

The Town of Montville Department of Senior & Social Services offers MedRIDE, a FREE transportation for any/all medical appointments for our senior residents. Doctor appointments, hospital tests & screenings, therapy, pharmacies, dentists, etc. Any medical related appointment. Call Ruthie @ 848-0422 for details and to schedule appointments. This program is free for our Montville seniors. A donation box is located on the van for contributions. This program is supported by the Town of Montville and the Eastern Connecticut Area Agency on Aging with Title III funds made available under the Older Americans Act. MedRIDES II is the same type of medical transportation program though it is a joint effort between the Town of Montville and the City of Norwich. Funds are provided by the State of Connecticut. Driver is located out of the Montville Senior Center. Appointments need to be made by calling the Norwich Senior Center at 889-5960.

HEALTH CLINIC

We offer a Health Clinic at the Senior Center on Tuesdays from 9:00 – 11:00 am. We have a visiting nurse come to the Center to perform blood pressure, blood sugar, and anemia screenings every week. We are also providing Healing Touch Services at the same time for those interested. All services at the Clinic are FREE – donation box is available for contributions. Call Kathie @ 848-0422 for details.

Continued on next page

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Officials gather to cut the ceremonial ribbon to celebrate opening of The Butzgy Agency. Left to right are State Representative Kathleen McCarty, The Butzgy Agency owner Karl Butzgy, Butzgy Agency Vice President Danielle Butzgy, State Senator Paul Formica and Chamber of Commerce of Eastern CT President & CEO Tony Sheridan.

PODIATRIST

We have a wonderful podiatrist, DR. Thomas Walter, come to our Center once a month on Wednesday to perform routine foot care. Not a service normally covered by Medicare unless you are a diabetic, Dr. Walter will perform routine foot care for a cost less than a regular office visit. This program is free to Montville seniors. Funding for the program is provided by Title III funds made available through the Area Agency on Aging and the Town of Montville. Call Kathie for details and date of next visit.

EQUIPMENT PROGRAM

The Department of Senior and Social Services has medical equipment (i.e., wheel chairs, walkers, shower seats, commodes, etc.) available for our Montville residents on a loan basis. The equipment can be borrowed for any length of time and returned whenever finished. FREE program, a release form must be signed. Call @ 848-0422 for details.

MASSAGE THERAPY

Massage Therapy offers many health benefits (relief from arthritis, circulation, aids in digestion, etc.) Appts. are free to Montville seniors. Sign up is first come, first serve – one appt per month per senior as the schedule fills up and we have a waiting list each month. Don't miss out on this wonderful program. Sign up on the bulletin board. Call Kathie @ 848-0422 for details.

ALZHEIMER'S SUPPORT GROUP

We have an Alzheimer's support group here at the Senior Center on the first Friday of every month at 10:00 am. Come get the support you need. You do not have to handle issues alone! Confidential.

HOSPICE SUPPORT GROUP

We have a volunteer from the Hospice Association that comes to facilitate a Hospice support group and activities. Please call the Center for next date and time. Confidential.



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Senior & Social Services ... continued from page 5

HEARING CLINIC

We have a free hearing clinic on the second Thursday of the month (by appointment). Free hearing screening, hearing aid cleaning, and screening and minimal ear wax removal. Call for details and/or to sign up!

CHOICES COUNSELING

Offered by appointment at the senior center, the Choices Program is provided by our Director, Kathie Peck, who is a certified Choices Counselor. The program helps to educate and make informed decisions on your options for health care. During a session, we can also access the Benefits Check Program to see what/all of the state/federal programs you might qualify for. Information on your current income is needed. This is done with confidentiality and privacy for you!

APPLICATION ASSISTANCE

There are many programs and services available to our elderly population. Some are local, some State, and some Federal. Many times the applications for these programs and/or services can be quite lengthy and challenging for our seniors. If you need help in filling out these applications or you have questions on what service is available for you, please call Kathie at the Senior Center to make an appointment. Let's sit down and go over help, services & programs that might be available to you.

EXERCISE PROGRAMS

ZUMBA GOLD EVENING CLASS

Classes every Wednesday from 6:00 – 7:00 pm. Must be 60+ to participate. Please register in front office during regular office hours. Wear comfortable clothing and sneakers and have some fun! Come and join us for a new exercise program – ZUMBA GOLD Evening Class– specifically designed for senior citizens. Zumba Gold is the lower impact, easy-to-follow, Latin-inspired dance fitness class that will help keep you healthy while having lots of fun!

CARDIO EXERCISE

Mondays from 9:00 – 10:00 am.

Classes are on-going. You can join at any time! Come get or stay in shape and healthy! Cardio is a great form of exercise to help with heart health, weight control, and so much more! Classes are free. Wear comfortable clothing and sneakers, and have some fun!

STRENGTH TRAINING

Every Wednesday from 2:30 – 3:30 pm.

Strength training increases muscle mass and also strengthens your bones, helps with weight management, provides relief from arthritis pain, lowers risk of injury, and improves cardiac health. No need to sign up. Just wear comfortable clothing and sneakers and come on down and take charge of your health.



HEALTHY STRETCH

Every Thursday from 3:00 – 4:00 pm.

Stretching is an excellent way to help relieve pain, increase flexibility, and increase range of motion to enhance our every-day life. Class is for anyone seeking to achieve the many benefits of stretching. Please wear comfortable clothing and sneakers to participate in class.

ZUMBA GOLD

Classes every Tuesday from 1:00 – 1:45 pm. No need to sign up. Just wear comfortable clothing and sneakers and have some fun! Come and join us for a new exercise program - Zumba Gold - specifically designed for senior citizens. Zumba Gold is the lower impact, easy-to-follow, Latin-inspired dance fitness class that will help keep you healthy while having lots of fun!

BALLROOM DANCING

We offer a Ballroom Dancing Class on Wednesdays from 1:15 – 2:15 pm. Classes are once again FREE to our Montville seniors. Classes run for 8-week sessions. If interested, call or sign up in the front office.

AEROBIC EXERCISE

We have an aerobics class, which is geared toward the senior population, on Fridays at the Senior Center. Classes are free. Wear loose and comfortable clothing and sneakers. Class is at 9:00 am. Don't be afraid to join and take charge of your health! Go at your own pace!

TAI CHI

We have Tai Chi classes at the Senior Center on Tuesdays from 10:30 – 11:45 am. Tai Chi is a slow paced, low impact martial art exercise. Classes run for 10-week sessions. You can join within the first few weeks of a session. Classes are free.

YOGA

One of our most popular classes! Yoga classes are every Tuesday from 9:15 – 10:15 am. Classes are free. Wear comfortable clothing, sneakers or socks are permitted. Classes are designed for seniors. Don't forget – take charge of your health!

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Senior & Social Services ... continued from page 7

LINE & COUNTRY DANCING

Come to the Center and have some fun! Line & Country Dancing taught on Thursday mornings from 9:30 – 11:00 am. Get some great exercise while having fun dancing! Please wear comfortable clothing and a big smile! Dancing is fun!

LINE & LATIN DANCING

Join us for some great fun with wonderful instruction on Line Dancing and Latin Dancing! Once again, a great form of exercise! Who knew exercise could be so fun! Comfortable clothing is all you need. Please join us every Monday from 3:00 – 4:00 pm!

OTHER PROGRAMS

BUCK-A-BOWL LUNCHEON

Our lunch program is very popular! Sponsored by the Montville Senior Center, we offer a luncheon special Monday - Friday. Soups, stews, pasta, salad, sandwiches, and more. No need to sign up. Lunch is 11:00 am- 12:15 pm, or while supplies last. The Montville Senior Center is Food Safety Certified and licensed by Uncas Health District. Delicious homemade meals, great company, and you can't beat the price! Join us for lunch. \$1.00 donation request.

DINNER & A MOVIE

Once a month on a Tuesday, we offer Dinner & A Movie at the Center. It's a great way to spend a Tuesday, 3:00 – 5:00 pm. Socialize with friends, have a great meal and enjoy a movie. \$5.00 donation request. Free door prize as well! Call for details @ 848-0422 and come have some fun.

ZENTANGLE

Art Class

NEW DATE

Thursdays / 5:00 – 7:00 pm

FREE (Materials can be purchased day of class for \$10.00 kits or you can bring your own)

Zentangle is an easy to learn method of creating beautiful images from repetitive patterns. It's easy to learn, and the best part is that you don't need to have any drawing skills to do this! Each intricate design is broken down in easy to follow steps that guarantee a successful and unique piece. Please register in front office during regular office hours.

PAINTING CLASSES

We offer three painting classes at the Senior Center. Mondays from 10:00 am – 12:00 noon and Thursdays, two sessions: 10:00 am – 12:00 noon and 12:30 – 2:30 pm. Even if you have never picked up a paintbrush before – come on down. Come on down and get your name on the list. Classes fill up fast, limited to eight people per class. You will love to learn and learn to love painting.

DRAWING CLASSES

Drawing classes are offered at the Center on Wednesdays. Two sessions to choose from: 10:00 am – 12:00 noon or 1:00 – 3:00 pm.

Come and learn techniques and develop your skills. Our Art classes are a great deal of fun. No experience necessary.

COMPUTER CLASSES

Computer classes are offered on Mondays: 9:00 – 10:00 am and 11:00 am – 12:00; Tuesdays: 1:00 – 2:00 pm. Classes run for four-week sessions, though you are welcome to join at any time. Class topics change every four weeks. We have offered Beginners, Word, Excel, Internet, Photo, Free Forum, etc. Please contact Kathie if there is a specific program you are interested in. The computer room is open and available at all other times and days that our Center is open for senior residents to come in and utilize and enjoy!

CREATIVE WRITING CLASSES

We offer Creative Writing Classes which run on 8 week sessions. They are once a week at the Center on Tuesdays at 10:30 – 11:30 am. You can join at the beginning of each session. Classes are very enjoyable.

CHORUS

The Montville Senior Chorus practices every Wednesday from 9:30 – 11:00 am. at the Senior Center. Come join a great group of people – no experience necessary! Have some fun and sing with us! You can join at any time!

ARTS & CRAFTS

We have Arts & Crafts at the Senior Center on Tuesdays from 12:30 – 2:00 pm. Come and learn new arts and skills or just come and have some fun with a great group of people. Materials provided by the many donations we receive. We have a great bunch of seniors in our Arts & Crafts programs. Come and have some fun. Call Kathie @ 848-0422 for details.

HAIR CUTS

We have a licensed/insured professional hair stylist available at the Center every Thursday (by appointment). Very inexpensive and easy access to the Center. Our senior bus is available for the Thurs. appts. Call for details.

SENIOR CENTER SPECIAL EVENTS

SPECIAL PROGRAMS

Annual Halloween Party at the Center on Friday, October 28th from 12:00 – 2:00 pm. FREE - Come and join us for our annual Halloween Bash! Always fun! Wear a costume, win a prize! (Costumes not required!) Come and have some fun with us, don't let the kids have all the fun! Must sign up if you plan to attend.

Annual Thanksgiving Dinner at the Center on Thursday, November 10th at 2:00 pm. Please join us for your first Thanksgiving Meal of the season with friends at the Center. Roasted turkey, mashed potatoes, Kathie's homemade dressing, cranberry jelly, and more. Always a wonderful festive event! Come and join us!

Annual Christmas Dinner at the Center on Friday, December 9th at 2:00 pm. Come visit with Santa Claus and Mrs. Claus while enjoying a wonderful baked ham dinner with friends. Good food, good time, special guests & more!



TRIPS

- 1) Indian Princess Foliage Trip – Monday, October 10th - \$70.00. Trip includes motor coach, Riverboat Foliage trip, lunch, & more!
- 2) Christmas Lights trip – to be announced!

MONTVILLE COMMISSION ON AGING

Kathleen Doherty-Peck, Chairperson
Monica MacNeil, Vice-Chairperson
Margaret Skinner, Member
Lou Ziegler, Member
Mary Adams, Member
Irene Taylor, Member
Karen Doherty
Billy Caron, Town Council Liaison
Lieutenant Bunnell, Police Liaison

GAP PROGRAM

The Montville Commission on Aging is proud to offer the Montville Guardian Angel Protection Program (GAP). The program is FREE for Montville seniors and disabled residents. The GAP Program is a daily reassurance telephone “call” program which can call participants at their designated date/time to detect if the person is “okay.” Call for details and/or to sign up for this very beneficial program.

CHICKEN SOUP PROGRAM

The Montville Commission on Aging is proud offer the Chicken Soup Program, which is a “feel good” program designed to make a home-bound senior feel good and know that someone cares! If you are temporarily or permanently home-bound, or you know a Montville Senior that is, you may sign up for this program. One of our registered volunteers will come for a visit and bring a little “gift” to help brighten your day! Please call for details!!

MONTVILLE SENIOR CLUB NEWS

The Senior Club Board of Directors
Bob Bergdoll, Barbara Meagher, Helen Thomes, Kathy MacNeil, Ann Edwards, Ellie Matajewski, Mary Adams
Club Meetings - The Montville Senior Citizens Club meets the first Friday of the month from 10:00 – 11:00 am (unless it is a holiday, in which case meeting will be on following Friday). Goodies & coffee offered. Speakers/entertainment at most meetings. Club business to follow speakers. Come on down members!

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Senior & Social Services ... continued from page 9

SPECIAL BINGO

Sponsored by the Senior Club

First Friday of the Month

12:30 - 2:30 pm

Cost: \$5.00 donation

Come and have some fun with the always popular Special BINGO! Snacks and beverages provided and lots of fun with some great people! Come on down for BINGO! The more, the merrier!

EXTRA SPECIAL BINGO

Club Sponsored

One Tuesday of the Month

3:00 - 5:00 pm

\$5.00 donation

Come join the fun with our Extra Special BINGO! \$5.00 donation to play, snacks & beverages too! Great way to spend a Tuesday afternoon! Come and have some fun with us! NO need to sign up! Check newsletter for the Tuesday date each month!

SOCIAL SERVICES

Monday – Friday * 8:30 – 3:00 pm

The Social Services Office is dedicated to supporting the individuals, families, and seniors of our Town in need. We have a compassionate staff that works hard to ensure we are doing all we can to help our low-income Montville residents and those facing hardships and crisis. We offer many services through our Social Services Office! I am very thankful to the wonderful staff and volunteers, along with the community organizations that help us, help those in need!

HOT HOME-COOKED THANSGINGVING DINNER

If you are a senior or disabled resident in the Town of Montville and will be spending the holiday alone, please call and sign up for our Thanksgiving Hot Home-Cooked Dinner. Enjoy a wonderful Baked Turkey Dinner with all the fixings! Dinners will be delivered on Wednesday, November 23rd. Please let us help you enjoy the holiday and sign up for a Hot Home-Cooked Meal! Last day to sign up for the dinner is Monday, Nov. 21st. Call 860-848-0422.



THANKSGIVING FOOD BASKET

If you or someone you know is in need of a Holiday Food Basket with turkey and all the fixings, plus many other food staples, please call Kathie Peck, Director of the Town of Montville Department of Senior & Social Services @ 848-0422. Please call to sign up for our food Baskets for this Thanksgiving Holiday.

Don't miss out. Let us help you enjoy the holidays. Last day to sign up is Wednesday, November 18th. Our baskets will be distributed on Saturday, November 19th from 9:00 am – 12:00 noon. Must sign up to receive a basket.

ANNUAL USED TOY DISTRIBUTION PROGRAM

The Montville Social Services Office is once again collecting used, clean, and in good condition toys for distribution to our residents with children that would like to participate in this program. This does NOT take the place of our Christmas Toy Basket Program. Families signed up for the Christmas Toy Baskets will receive NEW toys in their baskets but may also elect to participate in the Used Toys Program as well. Toys can be dropped off during the month of November. Distribution day is Saturday, December 17th from 9:00 am – 12:00 noon. Please 860-848-8820 for details.



CHRISTMAS FOOD & TOY BASKETS

We will once again be distributing Christmas Food and/or Toy Baskets. Whether you are an individual, couple, or family with children and would like some extra help this holiday, please call and sign up for the Christmas Baskets. Our Food Baskets are filled with all of the items for a wonderful Christmas Dinner along with many food staples for many meals. Our toy baskets are given to families with children in town for each child in the family. Please give ages and gender of children when signing up. Christmas Baskets will be distributed on Saturday, December 17th from 9:00 am – 12:00 noon. If you have children and will be signing up for the Toy Baskets, please submit a “wish list” when signing up. My staff and I, along with our FRIENDS that “adopt” families during the Christmas Holiday make every effort to ensure the children get items they need and want. PLEASE be respectful with “wish lists” and DO NOT include expensive items, electronics, etc. We have many families we try to help. Please call 860-848-0422 or stop in. MUST SIGN UP TO RECEIVE BASKET.

HOT HOME-COOKED CHRISTMAS DINNER

If you are a senior or disabled resident in the Town of Montville and will be spending the holiday alone, please call and sign up for our Christmas Hot Home-Cooked Dinner. Enjoy a Hot Baked Ham Dinner with all the fixings! Dinners will be delivered on Friday, December 23rd. Please let us help you enjoy the holiday and sign up for a Hot Home-Cooked Meal! Call 860-848-0422.

ENERGY ASSISTANCE

The Senior & Social Services Offices are still accepting applications for Energy Assistance. Appointments for applications will begin on October 1, 2016, assistance to start on November 10, 2016. Program runs until March 15th. The Town of Montville Senior & Social Services Department has a partnership with various energy organizations and can take applications directly for each program. Please call for your appointment. All income/assets from current year are needed. Please do not miss out on these programs. Call to see if you qualify and/or to make an appointment!

VETERANS SPECIAL FUND

We have a Special Social Services Program, specifically for our veterans, to help with the social services they might need. Fund-raisers and donations will be used to supply the Veterans Fund, much like the fund the Director has for our residents in need. The program will run entirely on donations. The Veterans Fund is designed to help our veterans with "life necessities" and crisis and difficulties that may arise. This is designed specifically for our veterans in need. For details and/or to contribute, please call/see Kathie the Director @ 860-848-0422.

SOCIAL SERVICES OFFICE

Our Social Services Office and Programs are located in the Old Town Hall Building (in front of the new Town Hall). The entrance is on the back-side – across from little white house. Our Social Services Building houses the Food Bank, Clothing Bank, Hygiene Bank and Office. Donations can be made directly at the Office or at the Senior Center. All of our assistance programs run entirely on donations. We thank you for your support!

FOOD BANK

Our Social Services Office, @ 860-848-8820, has a fully stocked Food Pantry located in the Social Services Building open Monday – Friday from 8:30 am – 3:00 pm or by appt. by calling Kathie the Director @ 860-848-0422. We often have canned goods, pasta, cereal, and rice along with frozen meats and breads. We run entirely on donations and are able to distribute what we receive in. We also have FRESH veggies & herbs during the summer months to help those in need! You are welcome to come on a weekly basis to supplement your food needs. We also provide emergency services. Come to the food bank, it is here to help you!

COMMODITY SUPPLEMENTAL FOOD PROGRAM FOR SENIORS

As members of the Gemma Moran Food Center, the Montville Senior & Social Services Department is able to participate in a commodities program for our elderly, 60+. If you are a senior in the Town of Montville and your annual income is \$15,301 (for family of one) and \$20,709 (family of two) you can qualify for this great program! Once a month the Food Center will deliver a box of food filled with great staples (juice, cereal, pasta, powdered milk, & much more) along with a block of cheese to the Montville Food Bank for distribution. You must fill out an

application (myself and staff can help with that) and include a copy of income to participate in program. Redetermination is only twice a year. Food boxes are distributed monthly! If interested in this great new program, please call Robin @ 860-848-8820 or Kathie @ 860-848-0422.

CLOTHING BANK

Do you need that power outfit for your job or a job interview? Or do you need clothes for every day wear? Come to the Montville Senior & Social Services Clothing Bank. We have a seasonally stocked clothing bank located in the Social Services Building. We have everything from men's, women's, and children's clothing to baby's clothes available. Walk-ins welcome Tuesday – Friday from 8:30 am – 3:00 pm. Let us help you!

HYGIENE BANK

The Department of Senior & Social Services has a Hygiene Bank available to help those in need. Soap, shampoo, toothpaste, toilet tissue are just a few of the items we have regularly in stock to help our needy individuals and families in town. Our Hygiene Bank is located in the Social Services Building - walk-ins are welcome.

APPLICATION & REFERRAL ASSISTANCE

The Department of Senior & Social Services offers application and/or referral assistance for many State and Federal & local programs.

Continued on page 12



Good hearing is
PRICELESS

Is it time to get your hearing checked?

County Hearing and Balance

NORWICH 18 Oneco Street 860-886-6268	WATERFORD Lowe's Plaza/Cross Rd. 860-443-6944
--	---

Call us for a Free Initial Consultation
All services by Doctors of Audiology
www.countyhearingandbalance.com

Senior & Social Services ... continued from page 11

Some applications can be confusing and intimidating. Let us help you. We can help you fill out the application, gather info needed to accompany application. Many programs are available for our residents in need. Call for an appt. and let us help you. Any questions or for more information, please call for appointment - 860-848-8820.

COMPUTER SERVICES

We have a computer for clients to use located in the Social Services Building. If you need access to a computer for job search, unemployment benefits, apartment rentals, etc. or maybe you need to update and print your resume? Please come in and utilize this wonderful service. Instruction for resume building will be coming soon!

INTERVIEW ATTIRE PROGRAM

We an Interview Attire Program that is full of the appropriate clothing needed to make your first impression a good one when going on a job interview! "You never get a second chance to make a first impression!" Come to the Social Services Building and ask about our Interview Attire Program! Robin will try to help to make sure you put your best foot forward and hopefully the opportunity of landing that job! If you would like to donate to this program, please bring items to the Social Services Building.



BETTER HEALTH SUPPORT SERVICES

I am very happy to announce that I have received the grant and the needed donations to offer this service to our residents. Originally called "Positive Thoughts" our new Better Health/ Mental Health Services will be available to our residents on a weekly basis. Designed to help those in need feel good, deal with life's changes, depression, addiction, and address other mental health needs. The Better Health Program will provide a licensed clinician to work one-on-one with our residents, along with facilitating group support services. Our program will be available for seniors at the Center and our under 60 residents in the Social Services Office. This valuable program will be FREE to our Montville residents! Call Kathie the Director @ 860-848-0422 for details. Program will begin in October.

MONTVILLE SOCIAL SERVICES JOB BANK

If you are unemployed or underemployed, come and register with our Social Services Office for our "JOB BANK" program. This is a great program with many opportunities listed. Please stop in to view the postings and continue search for opportunities. Some of our clients have already obtained employment through this program! We can help you with the search and we are updating our folder with the available employment opportunities weekly! Call Robin @ 860-848-8820 for details.



Happy Fall!

From all of us at Events Magazines

COMPUTER PROBLEMS DRIVING YOU NUTS?



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Parks & Recreation

Letter from the Director, Peter Bushway



Hi Montville!

I hope you all had a wonderful summer. Now it's time to think of fall and winter activities. We have three October Special Events that are listed in this magazine including our Annual Scarecrow Village, Trick or Trunk, and Pumpkin Decorating events.

This magazine takes us through until the New Year begins so be sure to check out basketball, yoga, dance, judo, karate, gymnastics and volleyball to name a few. There is also information from

Public Works about leaf pickup and Christmas Tree disposal. Check out the activities or programs of interest in the Youth Service Bureau or Senior and Social Services sections that may be of interest.

Be sure to Like us on our Facebook page and check it often for weather cancellations and for current program information. You can also register for a program online anytime at www.townofmontville.org.

Click on departments, then Parks and Recreation, then click on the WebTrac icon. This will bring up the program registration page where you can safely and securely register for programs with a debit or credit card.

Pete Bushway, CPRP
Director of Parks and Recreation

Parks & Recreation / Contact Information

Montville Parks & Recreation Department
310 Norwich - New London Tpke., Uncasville, CT 06382
(860) 848-6780 Fax: (860) 848-8703

REGISTRATION INFORMATION

Register for all Parks & Recreation programs at our office located at the above address. Office hours are 8:00 am – 4:30 pm. Payment is due upon registration. Checks can be made payable to Montville Parks & Recreation. Register in person, online or by mail; receipts will be mailed promptly. Program and registration information can be located on Town's website at www.town-ofmontville.org. Simply go to Departments & Services, "Parks & Recreation," then WebTrac icon for all program information.

REFUNDS

Full refunds will be given for any program canceled by the Recreation Department. Participants withdrawing from a program are entitled to a one hundred percent (100%) refund if canceled prior to the first meeting of each program. A refund of fifty percent (50%) of the program fee will be given after the first meeting of the program. The Parks & Recreation Director, at his discretion, may arrange for other refund options on a case-by-case basis.

OVER/UNDER ENROLLMENT POLICY

Programs have a minimum and maximum enrollment. If the class does not reach the minimum size required, the class will be canceled. A waiting list may be established for fully enrolled programs. One week prior to the start of a class is when it is determined whether to cancel a class or not. Please don't wait until the last minute to register.

*Disclaimer – All program dates and times are subject to change due to instructors' and Parks & Recreation schedule.

PHOTO POLICY

Photographs taken of any participant in the Montville Parks & Recreation Department programs or activities may be used for publication or advertising materials such as Facebook and print media. Any participant not wishing to have a photograph of them used must submit in writing not to be photographed at the time of registration.

DEPARTMENT STAFF

Recreation Director – Peter Bushway Ext. 721
Administrative Assistant - Carol Bunnell Ext. 722

PARKS & RECREATION COMMISSION MEMBERS

Scott LaVallie – Chair
Ryan Hartman – Vice Chair
Nancy delaCruz - Secretary
Matthew Beaupre – Member
Joseph Berardy – Member
Eileen Cicchese – Member
Kerri Lawton – Member
Karen Perkins - Member
Kristin Ventresca- Member
Laura Tanner – Commission Liaison

The Parks & Recreation Commission meets the 3rd Wednesday of each month at 6:30 pm in Council Chambers at the Montville Town Hall.

Continued on page 14

Parks & Recreation Programs ... continued from page 13

Notification will be posted if there is a change in meeting location or time. All meetings are open to the public.

Montville Police Department
 (Non-Emergency) (860) 848-7510
 Raymond Hill Library (860) 848-9943
 Montville Public Works (860) 848-7473
 Montville Town Hall (860) 848-3030
www.townofmontville.org
 Montville Animal Control (860) 848-3529
 Transfer Station..... (860) 848-0401

Other Program Opportunities:

Little League -.....www.montvillellb.org
 Mont. Babe Ruth – M. McGrath - gooster12@aol.com
 Youth Football montvillefootball.com

Youth Cheerleadingmontvillefootball.com
 Montville Youth Soccer..... www.montvillesoccer.org
 Montville Youth Wrestling – find them on Facebook @Montville Youth Wrestling
 Montville Youth Lacrosse.....montvillelacrosse.org

Camp Oakdale Pavilions and Fair Oaks Rentals

Have your next get together at one of our facilities. These are great places to hold your event. Contact the Parks & Recreation office for availability and fees.

Weather Cancellations

In case of inclement weather, cancellations will be posted on our Facebook page, aired on Channel 3 and several local radio stations. You can also call the office at (860) 848-3030 Ext. 780 during office hours.

Parks & Recreation Programs

DANCE

Instructor Lana Davison

Dance class for ages three and up. This program introduces instruction to students in their dance experience. Fundamentals and terminology of dance are learned leading to a future recital dance performance in June.

This program session runs for eight weeks.

Classes are held at the Fair Oaks Community Center located at 836 Old Colchester Road, Oakdale.

Level 1 - Classes are for children age five and in kindergarten and up. Dance level is beginner to two years of dance in that subject.

Level 2 - Classes are for children eight years and up with the minimum 2 years of dance in subject level. Classes are continuous learning from Level 1 and at a faster pace than Level 1 classes. Miss Lana reserves the right to move children to another level based upon skill and experience.

Clothing and shoes for classes are as follows:

3 year olds - Wear pink ballet slippers, any leotard of choice or flexible clothing.

4 year olds - Wear black tap shoes and pink ballet slippers, any leotard of choice or flexible clothing.

Ballet classes - Wear pink ballet slippers, leotards of choice and tights. Ballet skirts are permitted.

Jazz/Hip Hop - Wear black jazz shoes or black ballet slippers, leotard of choice or flexible clothing.

Level 1 Tap - Wear black tap shoes, leotard of choice, or any flexible clothing.

Level 2 Tap - Wear black tap shoes with soundboards; must buy these from a dance supplier. Mary Jane or tie up may be worn, leotard of choice or flexible clothing.

No dresses, jeans or outside clothing allowed for classes. Please have a bag for children to change shoes during class.

Tap shoes can be found at Allaboutdance.com or discountdance.com. Again there are local stores in the area that sell shoes and leotards.

SATURDAY CLASSES

Minimum of Six per Class

Maximum of Twelve per Class

Sessions will run from

Saturday, November 5th to January 14th

Fee:

Residents \$45.00

Non-Residents \$50.00

Registration opens Monday, October 17th

For Residents and October 20th for Non-residents

No classes 11/26, 12/24 or 12/31

Program #112021G	Intro to Ballet 3 yr olds	9:30 am – 10:15 am
Program #112021H	Combo Class Tap/Ballet 4 yr olds	10:15 am – 11:00 am
Program #112021I	Level 1 Tap 5 yr and up	11:00 am – 11:45 am
Program #112021J	Level 1 Jazz/Hip Hop 5 yr and up	11:45 am – 12:30 pm
Program #112021K	Level 1 Ballet 5 yr and up	12:30 pm – 1:15 pm
Program #112021L	Level 2 Tap Fast Paced -Experienced Dancers	1:15 pm – 2:00 pm

MONDAY CLASSES

Minimum of Six per Class

Maximum of Twelve per Class

Sessions will run from

Mondays, November 14th to January 16th

No classes December 26th or January 2nd

Fee:
 Residents \$45.00
 Non-Residents \$50.00
 Registration opens Monday, October 17th
 For Residents and October 20th for Non-residents

Program #112022K	Tap/Ballet Combo 4 yr olds	4:15 pm – 5:00 pm
Program #112022L	Tap Class Past Need Experience 8 yrs & up	5:00 pm – 5:45 pm
Program #112022M	Level 2 Jazz/Hip Hop 8 yr and up	5:45 pm – 6:30 pm
Program #112022N	Ballet – Need Past Experience 8 yr and up	6:30 pm – 7:15 pm

THURSDAY CLASSES

Minimum of Six per Class
 Maximum of Twelve per Class
 Sessions will run from
 Thursdays, November 3rd to January 5th

Fee:
 Residents \$45.00
 Non-Residents \$50.00
 No classes 11/24 or 12/29

Registration opens Monday, October 17th
 For Residents and October 20th for Non-residents

Program #112023E	Intro to Ballet 3 yr olds	4:15 pm – 5:00 pm
Program #112023F	Ballet Class 5 yr and up	5:00 pm – 5:45 pm
Program #112023G	Tap Class 5 yr and up	5:45 pm – 6:30 pm
Program #112023H	Jazz/Hip Hop 5 yr and up	6:30 pm – 7:15 pm

TRADITIONAL SHOTOKAN KARATE-DO

This class explores the fundamental principles of traditional Japanese karate. Character development for all students will be stressed. Respect for self and others is at the heart of all training. Control is a focal point for all decisions made, both physically and mentally. Students will learn strong stances, good posture and correct form of basic techniques according to the Japan Karate Association. Students will develop balance, coordination, speed, focus and control through spirited training of blocks, punches, kicks and strikes.

Instructor: Andrew Bakoledis, 24 years training, 4th degree black belt.

Additional Instructors: John Listorti & Abby Barrera.
 All classes will be held at JKA Montville, LLC located at 1242 Old Colchester Rd – Oakdale Pizza Plaza.

Registration opens October 3rd for Residents and October 6th for Non-Residents
 Eight-Week Sessions
 Fee: Monday Class Only: Nov. 7 – Jan. 9th Resident/\$50 Non-Resident/\$55
 Thursday Class Only: Oct. 27th – Dec. 22nd Resident/\$60 Non-Resident/\$65
 Mon./Wed. or Mon./Thu. Classes:
 Begin week of Nov. 7th
 Resident/\$100 Non-Resident/\$105
 Deadline for all registrations is Nov. 18th

Program #	MON	WED	THU	Size
#111061E White Belts Ages 4-5	5:00 – 5:30 pm			Min 2 max 6
#111061F White Belts Ages 5-9			4:45 – 5:30 pm	Min 2 max 6
#111061G Wh/Yel/Oran belts 9 – Adult	6:15 -7:15 pm	6:15 – 7:30pm		Min 2 max 10
#111061H Yel/Orange belts 6-12	5:30 – 6:15 pm		5:30 – 6:30 pm	Min 2 max 10

Belt test and tournaments also through JKA Montville, LLC
 Students will test for belt rank at end of each session. Students may also elect to participate at special training seminars and/or compete at special periodic events during session for an additional cost. Visit www.jkamontville.com for additional information.

NEW LONDON COUNTY JUDO

For ages five through adult.
 This program continues to be a favorite.
 Sessions are ten weeks long.
 Registration opens for Residents on November 14th and for Non-Residents on November 17th

Program Fee:
 \$30/Residents & \$35/Non-Residents
 Schedule as Follows:
 Mondays
 December 5th to February 27th
 No class Dec. 26th, Jan. 2nd, Feb. 20th
 Beg. Ages 5 to 8 years
 Two times to choose from:
 4:30-5:30 pm; Program #171051G
 6-7 pm; Program #171051H
 Beg./Inter. Ages 9 to Adult
 7-8:30 pm; Program #171051I
 Fridays
 December 9th to February 17th
 No class Dec. 30th

Continued on page 16

Parks & Recreation ... continued from page 15

Inter. Ages 9 and under
6-7 pm; Program # 171051J

Advanced

12 years and under
7-8:00 pm; Program # 171051K
13 years and older
7-8:30 pm; Program #171051L

GYMNASTICS

18 Months – 3 Yrs - Program specifically designed for parent/child interaction. Explore a wide range of special motor skills with a clear emphasis on movement, music and balance.*

Ages Four – Six - Child must be able to follow basic instructions such as standing in line. Designed to refine motor skills, learn the basics, develop better coordination and socialization skills.*

Beginners - Recreational beginner program for young gymnast with a desire to learn gymnastics. The objective is specifically to improve tumbling, strength, increase flexibility, skill development and build self-esteem. Ages 5 years & up.*

Intermediate & Advanced - Program for intermediate and advanced gymnast with a desire to learn gymnastics. The objective is specifically to improve tumbling, strength, increase flexibility, skill development and build self-esteem. Must be able to do a bridge kick over and pull over on bars. Progression from Beginners and Intermediate program. Ages 7 years & up.*

*All programs are run by ABC's Gymnastics Stars staff, all USA Gymnastic Certified.

Fee for Residents is \$55 and for Non-Residents is \$65

Minimum of five required for each class

Registration opens 9/26/16 for Residents and 9/29/16 for Non-residents

Tuesday 10/18/16 –12/13/16

Beginners	4:00 – 5:00 pm	#112102S
Beginners	5:00 – 6:00 pm	#112102T
Intermediate	6:00 – 7:00 pm	#112102U
Advanced II(invite only)	7:00-8:00 pm	#112102U1

No Class November 8th - Elections

Thursday 10/20/16 –12/15/16

18 Months – 3 Yrs	3:50 – 4:20 pm	#112102V
Ages Four – Six	4:20 – 5:00 pm	#112102W
Beginners	5:00 – 6:00 pm	#112102X
Intermediate	6:00 – 7:00 pm	#112102Y
Advanced	7:00 – 8:00 pm	#112102Z

No Class November 24th - Thanksgiving

NEXT SESSION

Fee for Residents is \$55 and for Non-Residents is \$65

Minimum of five required for each class

Registration opens 11/28/16 for Residents and 12/1/16 for Non-residents

Tuesday 12/20/16 –2/14/17

Beginners	4:00 – 5:00 pm	#112102A
Beginners	5:00 – 6:00 pm	#112102B
Intermediate	6:00 – 7:00 pm	#112102C
Advanced II(invite only)	7:00-8:00 pm	#112102D

Thursday 12/22/16 –2/16/17

18 Months – 3 Yrs	3:50 – 4:20 pm	#112102E
Ages Four – Six	4:20 – 5:00 pm	#112102F
Beginners	5:00 – 6:00 pm	#112102G
Intermediate	6:00 – 7:00 pm	#112102H
Advanced	7:00 – 8:00 pm	#112102I

MONTVILLE YOUTH BASKETBALL

For boys and girls grades 3 through 9. This program will involve several weeks of practices (teaching fundamentals) followed by games. Practices will be scheduled Monday through Friday at various schools in town at 6 pm and 7 pm. Generally, there are two meetings per week. Once team selections are made by the coaches, a schedule will be generated. All children will be placed on a team. Volunteer coaches will call players with date and time of practices shortly after the evaluation dates.

Program Fee: \$40/per child (includes shirt) with a maximum charge of \$90.00 per family.

This program is open to Residents Only.

Registration Deadline:

November 10th

A \$20 late fee per player will apply to anyone registering after November 10th

VOLUNTEER COACHES NEEDED

Volunteer support is essential to the program. Timers, referees, coaches and scorekeepers will also be needed for each game.

If you would like to help out, please contact us at (860) 848-6780 ext. 780 or email pbushway@montville-ct.org

Any contribution is always appreciated.

Anyone interested in coaching a team will be asked to successfully pass a background check. A form will be sent to you upon requesting to coach a team.

PROGRAM NUMBERS

Grades 3 & 4 Boys - #511011A

Grades 3 & 4 Girls – #511011B

Grades 5 & 6 Boys – #511011C

Grades 5& 6 Girls – #511011D

Grades 7-9 Boys – #511011E
Grades 7-9 Girls – #511011F

EVALUATION CLINIC DATES

Each participant will attend the grade appropriate evaluation clinic listed. This will allow us to form the teams for the year. Please make every effort to have your child attend the clinic for his/her grade. Teams will be formed after these clinics and players will be notified by their individual coaches as to which team and practice time they will have.

Grades 3 & 4 Boys – Nov 14th 6 pm
Mohegan School

Grade 3 & 4 Girls – Nov 14th 7 pm
Mohegan School

Grade 5 & 6 Boys – Nov 15th 6 pm
Murphy School

Grade 5 & 6 Girls – Nov 15th 7 pm
Murphy School

Grade 7, 8 & 9 Girls – Nov 17th 6 pm
Murphy School

Grade 7, 8 & 9 Boys – Nov 17th 7 pm
Murphy School

Practices will begin the week of December 5th
Games will begin after the New Year.

PLAYER SELECTIONS

Please Note

We do not place players on teams based upon requests from parents. Teams are selected by coaches in a draft format after the placement clinics. Coach's children are placed on their team and then selection of all other players is done one player at a time.

FIRST AND SECOND GRADE BASKETBALL

Skill Development

This program is open to Montville Residents Only.

Learn some fundamental basketball skills in a non-competitive atmosphere.

Players will choose the time that best suits their needs. Coaches will have several stations set up around the gym to teach the skills needed to play basketball. Learn the proper techniques for dribbling, passing, catching, shooting, defense, cooperation, sportsmanship and team play.

Program begins January 7th at Tyl Middle School Gym and continues for 8 weeks.

Program Fee: \$30/per child (includes shirt).

Registration Deadline: Friday, December 30th

You can register by: mailing the form, walk in or online at <https://mth.montville-ct.org>

A \$15 late fee per player will apply to anyone registering after the deadline.

Volunteer support is essential to the program.

Coaches for stations are needed for each time slot.

If you would like to help out, please contact us at (860) 848-3030 ext. 780. Any contribution is always appreciated.

PROGRAM TIMES

9:00 am – 10:00 am #511011G

10:00 am – 11:00 am #511011H

ADULT VOLLEYBALL

Free Drop-In Program

The Montville Recreation Department will offer a Volleyball Program for men and women ages 16 and up. This is for all skill levels. The program is free of charge and runs on Wednesday evenings from 6:30 to 8:30 pm at the Tyl Middle School in Oakdale (come ready to play). Anyone wishing to play must fill out a registration form and sign a waiver liability release form. For more information, please contact the Recreation Office.

Dates: November 2nd through April 26th

Program #363311A

MODERATE LEVEL HATHA YOGA

This class includes postures to increase flexibility, strength and vitality. Breathing practices to still the mind, improve concentration and reduce stress, and deep relaxation to restore balance and rejuvenate. The hour and fifteen-minute class will include a short meditation at the end. Please be sure to bring a comfortable pad, mat or towel for use on the floor.

Minimum of 10 participants needed

Instructor: Rosemary Gentile

Fee: \$90/Resident \$100/Non-Resident

Class: Wednesdays (10 Weeks)

Location: Murphy Elementary School Cafeteria

Time: 5:30 pm – 6:45 pm

Program #143021B

November 16th – February 8th

No class on 11/23, 12/28, 1/4.

Registration begins for Residents on October 3rd and

Non-residents on October 6th.

The Epilepsy Foundation of Connecticut

We offer 7 support groups throughout the state in Bethel, Milford, Stamford, Middletown, Guilford, Hartford and GROTON.

Our meetings are for adults living with epilepsy and parents of children with epilepsy.

Those interested in attending are asked to please RSVP, to the Epilepsy Foundation of Connecticut by calling 800-899-3745.

For more information
visit www.epilepsyct.com.

Montville Parks & Recreation Department
310 Norwich- New London Tpke.
Uncasville, CT 06382
Phone (860) 848-3030 Ext. 780
Fax (860) 848-8703

First Name _____ MI _____ Last Name _____

Date of Birth _____ Male _____ Female _____ Email Address _____

Address _____ City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____ Other _____

Program Name _____ Code # _____ Cost \$ _____

Time _____ Day (s) _____ *T-shirt Size (If Applicable) _____

Comments _____

Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement, In consideration of participating in the Montville Parks & Recreation Activities.

I, _____ represent _____
(Parent/Legal Guardian, Please Print) **(Participant Name)**

and understand the nature of the Activity and that I he/she am/is qualified, in good health and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe I will immediately discontinue participation in the Activity.

I fully understand that certain Activity involves risk of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost and damages I incur as a result of my participation in the Activity.

I hereby release, discharge and covenant not to sue the Town of Montville and its respective administrators, directors, agents, officers, volunteers, employees, other participants, any sponsors, advertisers, and if applicable owners and lessors of premises on which the Activity takes place (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability and assumption of risk I, or anyone on my behalf makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage or cost, which may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Parent/Legal Guardian Signature _____ Date _____

Montville Parks & Recreation Department

Montville Youth Basketball Program

For boys and girls grades 3 through 9. The fee is \$40.00 for Residents and \$90.00 max for family (includes shirt). **\$20 late fee after Nov. 10th.** Mail, stop in or register online. Montville Parks & Recreation Department located at 310 Norwich New London Tpke. Uncasville, CT 06382 weekdays from 8:00 am to 4:30 pm.

Montville Youth Basketball Registration

Name of Child	Birthdate	Grade	M/F
Street Address	City	State	Zip Code
Email Address	Home Phone		
Emergency Phone	Cell Phone		
Name of Mother	Address (If Different)	Work Phone	
Name of Father	Address (If Different)	Work Phone	

STATE ANY MEDICAL PROBLEMS/ALLERGIES WE SHOULD KNOW ABOUT

Shirt Sizes: Youth Med ___ Youth Large ___ Adult Small ___ Adult Med ___
Adult Large ___ Adult XLarge ___

Players on the High School Freshmen teams can only play for the school teams. If your child makes the school team a refund will be issued to you.

Volunteer Support is essential to this program. Timers, referees, coaches and scorekeepers will also be needed for each game.

PLEASE CHECK HERE ___ if you would be willing to donate a few hours a week to help with your child's team and state what you can help with _____.

I wish to enroll my child in the Youth Basketball Program, and hereby give the program supervisors permission to seek medical attention for my child, in the event I cannot be reached promptly.

PARENT OR GUARDIAN SIGNATURE _____ DATE: _____

Community Bulletin Board

MONTVILLE HOLIDAY LIGHT CONTEST

Sponsored by: B & D Auto Body and Montville Rotary

Our second Holiday Light Contest is open to all homes within the Town of Montville. Have your December light bill paid. We encourage everyone to participate in this wonderful contest that brings wintertime joy to the entire community. Light up your yard, porch, windows and roof for the Holiday Light Decorating Contest! Homeowners must register by December 14th at 3:00 pm to be considered. Register at Montville Parks & Recreation, by using the enclosed registration form or online at www.townofmontville.org. Program number 566011A. Judging will take place beginning the evening of Thursday, December 15th by the Montville Rotary and continue until all homes have been judged. Have your lights on as soon as it's dark! Homes will only be judged from the street; judges will not enter your property. One home judged the Best Overall will be selected the winner and will have the December electric bill paid for by B & D Auto. There will be various categories. More information will be made available to homeowners after you register. Photographs of all homes in the contest may be used for promotional purposes.

PUMPKIN DECORATING

Free event for Montville residents only

For children 12 and younger

Sunday, October 23rd 1 pm

Fair Oaks Community Center

836 Old Colchester Road, Oakdale

See more information in this magazine.

Come create your very own pumpkin.

No carving of pumpkins will be done at the event.

Pumpkins and decorations are provided; you provide the inspiration and talent. Donations of non-perishable food items will be accepted for a local soup kitchen. To reserve your pumpkin, please call our office and add your child's name to our list before Oct. 21st at 4 pm. Limited to the first 40 to register. Email Pete Bushway at pbushway@montville-ct.org with the participant's name, address and age and we will add them to the event, or call 860-848-6780.

ANNUAL HOLIDAY PARADE

The Town of Montville's Annual Holiday Parade will be held on Sunday, December 4 @ 5 pm.

The route begins near the Church and Allen business buildings and ends at Town Hall followed by a sing-a-long with the Montville High School Chorus, parade awards, and the tree lighting by Santa Claus.

Any interested organizations or individuals wishing to participate in this year's parade will need to fill out an entry form. It's fun and free! You can obtain these forms at the Montville Parks & Recreation office. For your convenience simply download the entry form today at www.townofmontville.org. Forms must be completed and returned to the Montville Parks & Recreation office by December 1st.

LET'S BUILD A SCARECROW VILLAGE!!

FREE EVENT

Calling all Montville residents young and old alike. Gather up those leaves and build a scarecrow. Be creative! Scarecrows are limited to a maximum of six feet tall. Challenge your neighbors and friends to participate. Build as a team. Businesses can challenge each other with themed scarecrows. Register before October 13th at the Parks and Rec. office or online. Look for more information in this magazine.

HALLOWEEN TRICK OR TRUNK

Montville Parks & Recreation is excited to announce its 5th Annual Halloween Trick or Trunk Event in the parking lot of Leonard J. Tyl Middle School. JOIN US IF YOU DARE FOR A FUN HALLOWEEN SCARE! Trick or Trunk is a fun and safe way to trick or treat with the whole family. Registered families park their vehicle, open up their decorated trunks, and pass out candy or treats to the visiting Trick or Trunkers.

When: Saturday, October 29th from 6 – 8 pm.

Where: Tyl Middle School, 166 Chesterfield Rd.

Registration deadline is October 26th.

Program# 446041A.

Rain date is scheduled for Sunday, October 30th from 6 – 8 pm.

Please contact Kerri Lawton at montvilletrickortrunk@gmail.com

with questions. Registration is required ONLY if you are participating in the trunk decorating. Use the registration form in this magazine or online at <https://mth.montville-ct.org>.

Register by October 15th and receive 5 free bags of candy at check in. All registered vehicles will also be entered into the prize bucket to win random prizes throughout the night. Please keep in mind that this event is very popular and the amount of "trick or trunkers" visiting your vehicle may be huge. Please plan accordingly so that you can accommodate all visitors. All candy must be individually wrapped and no homemade food please

WE ARE SCARING UP SOME FUN!

There will be prizes awarded for the best-decorated trunks (Scariest, Funniest, Creepiest, & Most Creative)

THE JUDGES WILL ALSO BE LOOKING FOR THE SPOOKIEST SPOOKS IN TOWN:

Best Decorated Town of Montville Business

Best Decorated Town of Montville Group or Organization (sports, scouts, political parties, etc...)

HANG AROUND FOR A SPELL

Food and beverage items will be available for purchase from a variety of vendors & All the Right Moves dancers will be performing in the courtyard!

IT IS SURE TO BE A GH'OU'L TIME!

Montville Youth Services

Barbara A. Lockhart, M.S., Director of Youth Services, Town of Montville / Connecticut Youth Services Association (IPP)

Montville Youth Service Bureau / 289 Route 32, Uncasville, CT 06382

(860) 848-7724 / Fax (860)848-4058 / www.montvilleyouth.org



Happy Autumn Montville!

The fall season is upon us, and MYSB has a very busy, but fun schedule for the fall of 2016! We have been very happy in our new location at the Fair Oaks Community Center.

Just the simple things of having grass and trees, and an indoor gym for rainy days has improved things for our kids and families so much!

We welcome anyone in the community to stop by and visit us for a tour. Get geared up for new programs, fundraisers, special events, celebrations, community campaigns and much, much more!

We look forward to continuing our good work and fulfilling the goals of our mission. Our heartfelt thanks to our kids, friends, families, local & state officials, partner agencies, and countless supporters. With your help we can continue to “Make A World of Difference”... Have a Fantastic Fall!

Please give us a call anytime or visit our website www.montvilleyouth.org or our Facebook Page & Twitter Account to catch up on all the happenings at MYSB! You can also visit www.ctyouthservices.org to learn more about the over 100 YSBs thriving in over 145 communities across the state of Connecticut!

Best Regards ~ Barbara

Montville Youth Service Bureau
836 Old Colchester Road
Oakdale, CT 06370
Phone: (860) 848-7724
Fax: (860) 848-4058
www.montvilleyouth.org

Grace Carlos
William Carlos
Brianna Messer
Susan Rickards
Allyson Schmeizl, Secretary
Timothy Shanahan, Vice Chairman
Timothy May, Town Council Liaison

“The Montville Youth Service Bureau is committed to developing, and implementing effective, accessible programs and support services. We are dedicated to achieving positive outcomes for the youth and families in the Montville Community, and promoting overall family health. We will accomplish our goals through positive programming, prevention initiatives, and effective diversion based services.”

STAFF

Barbara Lockhart, M.S., Director
Kimberly Grant B.A.,
Program Developer
Dianne Peltier, Admin. Assistant
Darin D’Ammadio, LCSW
Alicia Dahmer, Danielle Heyward
and Abby Miranda, Program Assistants

MONTVILLE YOUTH ADVISORY BOARD

Daniel Dunn, Chairman
Megan Bishop
Daniel Boisvert
Leonard Bunnell
Bethany Caron

Montville Youth Service Bureau Programs

After School Program
Grades: 4th -12th
Monday – Friday
After school until 6 pm
Open to Montville Residents
Registration Required.

*Due to the increased interest in our After School Program (ASP), we have a waiting list in place. The ASP is a fee-based program.

There will be a \$210 registration fee assessed each year your child is in the program. A \$50 non-refundable deposit is due at the time of registration in the program.

The remainder of the balance is due 60 days from the original registration date. Parents with more than one child in the ASP will adhere to a tiered payment plan: 1st child- \$210, 2nd child- \$185, 3rd child-\$160, 4th child- \$135. (Parents who have a child/children placed on the waiting list will not be required to pay the ASP fee until a spot opens in the After School Program.) Montville ASP operates as



latch key prevention program for Montville students in grades 4 – 12. Students who attend the After School Program can choose between a wide variety of recreational and educational activities. Such activities include: supervised homework help, computer access, outdoor recreational activities, pool, air hockey, video game systems and much more. The After School Program offers students with occasional trips and special activities throughout the year. Completed registration forms must be dropped off in person. All forms are available on our website www.montvilleyouth.org.

Continued on page 22

Montville Youth Services ... continued from page 21

Faxed copies of the forms will not be accepted. If you would like more information you can stop down between the hours of 9:00 am and 2:30 pm. Please contact us for more information. To inquire about placement on the waiting list, please call the office.

AFTER SCHOOL PROGRAM EVENTS

The following events are for our After School Program participants and their families only.

LIGHTS ON AFTER SCHOOL

Thursday, October 22nd / 3 pm-7 pm

MYSB's After School Program and the After School Alliance will join millions of Americans across the country to draw attention to the many ways after school programs support students and families. After school programs like ours provide kids and teens with a safe environment for them during the hours of 3 pm to 6 pm. We provide all kinds of programs and opportunities for all of our participants and this event is celebrating just how great we are!



HALLOWEEN SOCIAL

Monday, October 31st

Costume Contest, Ghoulish Goodies, Games and Prizes!
3:30-5:30 pm.

Costume Contest at 4:30 pm, Mummy Wrap at 4:45 pm.
ASP Parents and Families welcome!

PARENT-CHILD PIE BAKING CONTEST

Tuesday, November 15th at 5:30 pm

Parents & Children must bake a pie TOGETHER at home and bring it in for one of our expert judges to taste! Be on the lookout for flyers for more information!

MONTVILLE YOUTH ACTION COUNCIL - MYAC MIDDLE SCHOOL & HIGH SCHOOL

Montville YAC's mission is to provide opportunities for Montville Youths, in grades 6 through 8, and grades 9 through 12, to develop and promote responsibility, cultivate leadership skills, develop an interest in the community, and foster empowerment and positive social development through active participation in the formation, coordination, and delivery of community

service projects, as well as social and recreational activities. The middle school program offers students an opportunity to "give back" to their own community. The high school program offers students an opportunity to educate their school and community on issues that affect them. Montville YAC's past projects include a Police/Youth Memorial Bench Building Project, our Annual Penny Drive, which has raised money for L& M Pediatric Emergency Room and Safe Futures of New London and a "Wear Purple Day" for Healthy Relationships. Contact Kimberly for more information at (860) 848-6746.



PARENT ACTION COUNCIL- PAC

The Parent Action Council is a group of parents who work together to help Montville Youth Service Bureau develop and organize different fundraisers and community events throughout the year. Currently, PAC is looking for new members who are interested in donating a little of their time to help a really great cause. Please contact us if you are interested.

COUNSELING AND REFERRAL

Confidential, short-term counseling is available to Montville youth and families, on a family income adjusted fee scale. Our counselors focus on personal needs and concerns, and the dynamics of relationships between parents and children, siblings, and peers. In addition we offer information and support to parents, children, and all family members. We also offer referrals for families and individuals who may require other services we cannot provide. Contact Darin D'Amadio at (860) 848-6748 or Barbara (860) 848-6745 for more information.



HIRE-A-TEEN

This job placement program matches youth with residents who need assistance with such tasks as yard work, housework, babysitting, mother's helper, elderly help, snow shoveling and

pet sitting. Participating communities include: Bozrah, Chesterfield, Montville, New London, Norwich, Salem, Quaker Hill, and Waterford. Applications need to be filled out and returned in person by anyone interested in utilizing the services and any youth who are interested in being part of our Hire-A-Teen Program. For more information contact Dianne, (860) 848-6747, between the hours of 9 am and 2:30 pm.

VOLUNTEERS

Montville Youth Service Bureau welcomes energetic people to volunteer, during the school year, in our After School Program.



We are looking for people to volunteer on our playground, arts and crafts projects and mentoring.

We are also looking for local high school juniors and seniors who are willing to provide homework assistance to our participants. We ask our volunteers to make a commitment of at least one day a week throughout the school year. Please contact Kimberly, (860) 848-6746 with any questions or if you are interested in giving back to your community.

INTERNSHIPS & SERVICE LEARNING

Opportunities for Internships and Service Learning are available for those who are pursuing their education in the fields of Human Services, Psychology, Sociology, Criminal Justice, Social Work, and Education. Please contact MYSB for more information.

PARENT-TODDLER PLAY GROUP

Birth to Five Years

Tuesdays and Fridays

Fair Oaks School

10:30 am to noon

Registration for fall 2016 is required.

MYSB sponsors a Parent Toddler Play Group which takes place at The Fair Oaks Community Center in Oakdale. This program is free for both residents and non-residents. The purpose of the program is to enhance social skill development, and provide an introduction to creative & education stimulations through free play. Parents must attend with child. Check our Facebook page, website or give us a call with questions.

Parent-Toddler Trick-or-Treating at Town Hall



Friday, October 28th / 10:30 am
Stay tuned for more information.

MYSB COMMUNITY EVENTS

Pancake Breakfast Fundraiser

Mohegan Fire House

8 am-noon

October 23, 2016

Tickets are \$7.00 for Adults; \$5.00 for Seniors and Kids under 12. Tickets may be purchased in advance and are also available at the door.

www.montvilleyouth.org or "LIKE" Us on Facebook!

Throughout the year, MYSB regularly posts helpful information and resources for parents and youth on our website & Facebook page! Our website has information about all of our programs and activities, as well as up-to-date resources for all your needs! Our website has our registration forms, flyers and, of course, our monthly newsletter, the "Youth Scoop!"

MONTVILLE CARES

The Town of Montville in Partnership with Southeastern Regional Action Council

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www.preventsuicideCT.org

Suicide Hotline - 1-800-273-8255

(Veterans press 1) or text "Go" to 741-741

Help is available 24 hours a day/7 days a week

If you or someone you know is struggling with addiction, please call the National Addiction Hotline, available 24 hours a day/7 days a week

1-800-662-HELP (4357)

If you or someone you know is involved in an unhealthy relationship, please call the Safe Futures of New London Hotline for Domestic Violence and Sexual Assault, available 24 hours a day/7 days a week. 860-701-6000 or 860-701-6001

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Montville Rotary Club

Fall Update

The Montville Rotary Club is as busy as usual this fall, starting out with delivering dictionaries to all the 3rd graders in the Town of Montville school system. The little libraries, located at Fair Oaks School and Camp Oakdale playground are fully stocked with books for kids to read for free. The club is getting ready for a fall spaghetti dinner fund raiser. All proceeds benefit our charitable programs, primarily the scholarships and awards that are given to Montville students throughout the grade systems. Look for more details soon and please help us support the community with this fund raiser.

On a regular basis, we help out our local residents with volunteering monthly at a homeless shelter and delivering food baskets.

A major undertaking will be happening with a joint venture with the Rotary Clubs of Ledyard, Colchester, Stonington and Norwich. The project is called End Hunger Now - the goal is to make 100,000 meals to be distributed locally to people who need them. The Ledyard Club is the point of contact for this Multi Club project.

The Montville Rotary Club would like to extend an invitation to people who would like to learn more about Rotary and what we do for our community as well as world needs. The Montville Rotary Club is looking for people "who want to make a difference". Rotary meets every Tuesday morning - 7 am at Uncasville Diner. For those whose schedule does not permit morning meetings - we established a monthly evening meeting on the first Tuesday of the month; 5:30 - 6 socialize, 6 pm - 7 pm meeting. All meetings are at the Uncasville Diner. For more info email Montville Rotary at montvillerotaryct@gmail.com.

Visit
Montville
at
townofmontville.org



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Mon Tues Wed Pasta Night

Unlimited Pasta - penne & spaghetti \$13.99
 With meat, extra.

*Please mention that you saw us in
 Montville Events Magazine*

860-848-7932
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**Public Works
 Recycling / Transfer Station**

LEAF COLLECTION

Leaf collection will be held on Saturday, December 3rd.
 All leaves must be in brown paper bags and free of debris, twigs, etc.
 Please have all bags curbside by 6:00 am.

Christmas/Holiday Tree Disposal

Christmas/Holiday trees will be picked up curbside on Saturday, January 14th. Trees must be free of ornaments, tinsel, lights, etc. and must NOT be in a bag of any kind. Please have curbside by 6:00 am.

TRANSFER STATION CLOSED ON FOLLOWING HOLIDAYS

Thanksgiving Day, Christmas Day, New Year's Day, Easter Sunday, Sunday before Memorial Day, Fourth of July, Sunday before Labor Day.

CURBSIDE RECYCLING HOLIDAYS

If your recycling day falls on one of the following holidays it will be a day later: New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and Christmas Day. For example, if your recycling day is Monday, it will be picked up on Tuesday and if your recycling day is Friday, it will be picked up on Saturday.



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Free Pumpkin and Scarecrow Events!

PUMPKIN DECORATING

FREE EVENT

Sunday, October 23rd 1 pm

Fair Oaks Community Center

Limited to the first 40 registered

For Ages 12 and under - Montville residents only

Come decorate your very own pumpkin. No carving of pumpkins will be done at the event. Pumpkins and decorations are provided; you provide the inspiration and talent.

To reserve a spot, please call the Parks & Recreation 860-848-3030 x 380 or email Pete Bushway at pbushway@montville-ct.org with child's name, address and age to be added to the list. Deadline is October 21st at 4 pm.

Donations of non-perishable food items will be accepted for a local soup kitchen.



IT TAKES A VILLAGE!! LET'S BUILD A SCARECROW VILLAGE!!

FREE EVENT



Calling all Montville residents young and old alike! Gather up those leaves and build a scarecrow. Be creative! Scarecrow size is limited to a maximum of six feet tall. Challenge your neighbors and friends to participate. Build as a team. Businesses can challenge each other with themed scarecrows.

Scarecrow display stakes will be provided by Parks and Recreation. Register before October 13th at the Parks and Rec. office or online.

Bring the completed scarecrow to Fair Oaks Community Center on Sunday, October 16th between 1:00 pm and 3:00 pm. Scarecrows will be displayed until Sunday, Oct. 30th.

Get in on the fun, get involved.

Prizes awarded.

Program #466021A

Call 860-848-6780 for more information.



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The Nutcracker

Eastern Connecticut Ballet's *THE NUTCRACKER*
 Saturday, December 10, 2016 | 1:30 pm & 7 pm
 Sunday December 11, 2016 | 1:30 pm



Share the magic and pageantry of the world's most beloved ballet with friends and family of all ages. New York City Ballet (NYCB) sensation, Sara Mearns, "the great American ballerina of our time," returns to the Garde Arts Center in New London for

another breathtaking performance with Eastern Connecticut Ballet (ECB). New London's own "Nutcracker" is both a holiday tradition and a tour de force. Sharing the spotlight are guest artists from NYCB and Pennsylvania Ballet and more than 100 professionally trained dancers from ECB. Thirty-five musicians from Eastern Connecticut Symphony Orchestra, conducted by Maestro Paul Polivnick, perform Tchaikovsky's masterpiece. Join Clara on her spectacular journey around the world. Applaud her brave-hearted Nutcracker, The Snow King and Snow Queen, sailors and toy soldiers, the comical Mother Ginger, waltzing flowers, dancing snowflakes, and of course, the exquisite Sugar Plum Fairy. Sail away on an enchanted ship from a seaport very much like New London in the 1850s and watch a battle on the high seas and a snowstorm in the Arctic. Live music and classic ballet in the tradition of Balanchine make this "Nutcracker" simply unforgettable. Performances are Saturday Dec. 10th at 1:30 & 7 pm and Sunday Dec. 11th at 1:30 pm. Tickets are available at The Garde Box Office. Call 860-444-7373 x1 or visiting gardearts.org.

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